

# Young Women's Camp 2012



*“In the Carpenter’s Hands”*

Value: Divine Nature

# Scripture, Identity, and Color TBD by YCL's

## Basic Information for 2012 Camp:

**Camp Dates:** July 24<sup>th</sup> – 27<sup>th</sup> (no camp on Monday)

**Camp Cost:** \$105, due to wards by mid-April

**Leader T-Shirt:** \$7- \$10 (paid via tithing slip by mid-April)

**Leader Sweatshirt:** \$20 (paid via tithing slip by mid-April)

**Camp Location:** Cascade Park is 66 beautiful acres bordered by the Stillaguamish River, 30 miles east of Everett near Granite Falls. The bathroom and shower house opened July 2008. A new kitchen and multiple covered areas and leader cabins opened in July of 2011. Leader cabins are four wall, ceiling, door and window only. They do not have beds, bed frames, etc. Leaders should bring sleeping supplies that they would bring camping.

22 wall tents on tent pads in McKay field help meet the needs of our young women and group campers during peak season. We have large open fields and meadow-type campsites, which are ideal for stake and ward campouts. Secluded campsites in the Eagles Nest are also available for family camping. Old growth cedar and fir trees surround the property.

Smith Grove provides an Outdoor Gathering Center with a stage in the woods. Picnic pavilions, volleyball courts, tetherball, group and individual barbecues provide fun centers of activity. The Stillaguamish River wraps around the property with large rocky and sandy beach areas, safe for fishing in season, tubing, and swimming. Most of our fields have covered areas where one can get out of the weather, be it rain or sunshine.

## **Contact information:**

Cascade Park  
12629 155th Ave. NE  
Arlington, WA 98223  
360-691-5656

## **Sample Daily Schedule:**

7:00am: Polar Bear Swim  
7:30am: Wake up & Leaders Mtg  
7:45am: Flag  
8:00am: Breakfast  
9:30am: Level Scripture Time  
10:00am: Level Adventure Rotation  
12:00pm: Lunch  
3:00pm: Class Rotation (Craft, Service, Certification, Sake Class)



- 5:00pm: Dinner
- 6:00pm: Ward time
- 7:15pm: Flag
- 8:30pm: Music
- 9:00pm: Level Devotional
- 11:00pm: LIGHTS OUT

**Camp Map/Sleeping Assignments:**



Tents and Cabins at McKay Heights:



**Adult Gear List:**

- Sleeping bag, bedding, air mattress, pillow, sleeping pad
- Clothing for warm, hot, cold, and wet weather
- Boots, hiking shoes, tennis shoes, changes of socks
- Basic camping supplies:
  - Scriptures/Journal
  - Camera
  - Flashlight
  - Batteries
  - Matches
  - Two Large Pots, Pans, and Cooking and Cleaning Utensils
  - Sunscreen
  - Bug Spray
  - Camp Stove, (if desired not required)
  - First Aid Kit
  - Mess Kit
  - Personal Hygiene Supplies (nice showers @ camp!)
  - Extension Cords (if wanted)

**Budget:**

YCL's (YCL 1=22, YCL 2=23)	350
Service Project	150
Crafts	550
Certification	100
4 <sup>th</sup> Year Adventure	200
Leader Training	100
1 <sup>st</sup> Years (27 girls)	\$7 Per Girl
2 <sup>nd</sup> Years (20 girls)	\$7 Per Girl
3 <sup>rd</sup> Years (16 girls)	\$7 Per Girl
4 <sup>th</sup> Years (26 girls)	\$7 Per Girl



**Camp Meeting Dates: (please attend)**

Feb 23, 7pm NAB

March 22, 6pm NAB & 7pm YW kick off

April 26, 7pm NAB

June 7, 7pm NAB (with YW)

July 21, 9-11am (location not confirmed, with YW)

July 24-27 CAMP @ cascade park

July 29, 7pm ASC post camp fireside

**Brief Camp Assignment Descriptions:**YCL Leader and Assistants

- Attend camp entire week
- Work with YW that will be Youth Camp Leaders (YCL's).
- Provide leadership training before camp.
- Need to attend camp the entire week.
- Help come up with the Spirit Walk.
- Pre-camp mtgs., firesides, and possible overnighter.
- While at camp you are the YCL's support. Prepare devotionals, unity building activities, or whatever else they may need at camp to ensure they can feel the spirit as they are learning to be leaders themselves.
- You make sure they are where they need to be, when they need to be there, doing what they need to be doing.
- Help them come up with yells, skits, chore chart...ect.
- Organize them into the groups they will be serving with:
  - 1<sup>st</sup> level, 2<sup>nd</sup> level, 3 level, 4<sup>th</sup> level, crafts, spirit walk, music, food, waterfront(if there are any certified lifeguards willing to help.) and certification.
- Be aware of Certification requirements and help the girls accomplish those goals.
- Attend pre camp mtgs. For leaders and YW's. YCL's run the Camp Rally's.
- At the end of the week help the YCL's evaluate the week.



- Attend post camp evaluation meeting.
- “Challenging experiences are often a part of camp. As a leader, your example in handling difficult situations will provide important learning experiences for YW. Your patience and love will be powerful influences in their lives.”—YW Camp Manual

### 1<sup>st</sup> – 3<sup>rd</sup> Year Level Leaders

- Attend camp entire week.
- Plan at least two pre camp mtgs with your YW. The purpose of these meeting is to get to know them the YW in your level and complete various activities that can be done before camp. Such as: Banner, Chore Chart, Skit, Yell, Unity Building, Having Fun!!
- Attend pre camp mtgs for leaders as well as Camp Rallies and clinics.
- Become aware of your levels Certification Requirements. The Certification Team will be doing many of these at Camp, but you will need to do a few within your group, such as cooking. Hikes and First Aide will be done before camp.
- Working with the Stk. Camp leaders, gather equipment that will be needed while at camp.
- Keep track of certification progress of each of the YW in your level.
- While at camp you will be there to help the girls get to where they need to be, when they need to be there. There will be a few devotionals that you will need to do, as well as scripture study each day.
- Your most important job is to stay Positive and Upbeat. If you are the girls will be.
- “Challenging experiences are often a part of camp. As a leader, your example in handling difficult situations will provide important learning experiences for YW. Your patience and love will be powerful influences in their lives.”—YW Camp Manual
- Attend post camp evaluation mgt.

### 4<sup>th</sup> Year Level Leader

- All the same responsibilities as 1<sup>st</sup> – 3<sup>rd</sup> years...however you will have an additional High Adventure activity that you will do with your YW.

- “High Adventure activities can be part of the camp experience, or they can be scheduled at other times. They include activities such as extended hikes, cross country skiing, rappelling, and mountain climbing. They should be carefully planned and adequately supervised. Technical knowledge and skills are essential to safety. Thorough instruction may need to precede high adventure activities.
- Physically demanding activities of this kind can help YW develop self confidence and a sense of accomplishment while building relations. The type of activity selected would depend on local circumstances and could include all 4<sup>th</sup> level girls.”—Young Women’s Camp Manual.

### Crafts Leaders

- Attend entire week of camp.
- Before camp you will need to meet with your assistant and the YCL’s (youth camp leaders) assigned to you. Come up with the craft idea that will be done at camp. The idea will need to be approved by the Stk Camp Dir.
- Be aware of Budget. Saving all receipts and turn them in for reimbursement.
- You and your asst. will be in charge of gathering supplies, and preparing anything that might need to be done before camp.
- Attend pre camp meetings. There you will receive needed information as well as be able to meet with YCL’s.
- At camp, working with your YCL’s, teach and help the YW do craft.
- Attend post camp evaluation mtg.

### Cooking Staff:

- Attend entire week of camp, or work with camp directors to establish a fair and reasonable rotation schedule. However, this is a job that often requires many, many hands. It is better to have too many hands than too few.
- Taking care of the food for Girls Camp is a big job. You are not expected to do it all by yourself!! Assistants have been called, but if you feel that you need more help, let the camp directors know and we will assist you in this process.
- Before camp attend pre camp meetings. At such meetings you will be able to receive important information as well as meet with YCL’s that will be helping.

- With YCL's come up with a menu for the week. As soon as possible get the menu out to our level leaders.
- Come up with a list of equipment the level leaders will need for their camp site.
- Purchase all food necessary for camp. You will be given a budget and will need to keep all receipts. Turn in receipts to be reimbursed.
- Prepare and cook food at camp. Clean up as well....again there will be help. We can discuss how you would like to do this.
- Attend post camp evaluation mtg.

#### Lifeguard/Waterfront

- Attend entire week of camp, or work with the camp directors to establish a safe and appropriate rotation schedule.
- There needs to be at least 1 certified lifeguard. Assistants do not have to be certified, but if they are it would be better!
- Attend all pre camp mtgs.
- Ask if there are any YCL's that are certified lifeguards and if they would like to help with Waterfront.
- Attend entire week at camp. If not possible, we can see if there is someone who can split the time with you.
- Organize a check in and out procedure as the YW come and go from the Waterfront.
- Be familiar with the waterfront. We suggest that you go to the property before camp and talk with the missionaries in charge. Become familiar with the waterfront area so you know what you are working with. Talk with the Missionaries at the property. They are a good resource on "how to do's".
- Go over rules and safety with all the YW and Leaders.

#### Service Leaders:

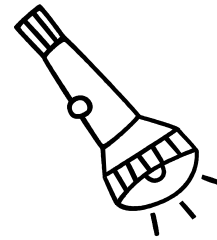
- Attend camp entire week, or work with Camp Director to establish a schedule.
- Before camp meet with the Stake Camp Leaders and Church Property Missionaries to come up with ideas for a service project that all the YW can participate in while at camp.



- Plan and organize, using your Assistants and YCL's that are working with you. Gather any supplies that may be needed. Keep all receipts and turn in for reimbursement.
- Attend pre camp meetings. There you will receive important information as well as meet with your YCL's
- While at camp help the YW accomplish the service project.

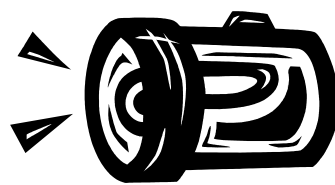
#### YCL Music Assistant:

- Attend camp entire week, or work with Camp Director to come up with a schedule.
- You will be working with the YCL leader and the Youth Camp Leaders.
- Assist the YCL Leader with various assignments.
- Attend pre camp meetings for leaders and YCL's.
- Work with the YCL's to come up with a "camp song". The song should go with the value for the year. This year it is Faith.
- Acquire music for the "camp song" and distribute to all wards for the YW to learn before camp.
- Teach the song to YCL's. They will introduce it at our first Camp Rally.
- Work with YCL's to learn new camp songs both spiritual as well as fun.
- Come up with fun ways to teach the YW the camp songs. This will be done at pre camp mtgs. as well as at camp.
- Each evening there will be time to sing spiritual songs after the evening activities. Help the YCL's, over music, organize and run that time.
- Help come up with music, if needed, for Spirit Walk. Spirit Walk is the special program the YCL's put on for the YW and Leaders at camp. This is done on the first night to help set the tone for camp.
- Be a support for YCL's and the YCL leader while at camp.
- "Challenging experiences are often a part of camp. As a leader, your example in



Certification Team (composed of one leader and 3 assistants)

- Certification Requirements are activities both spiritual and include basic camping skills. Each level is required to complete the specific cert. requirements for their age group, use the camp manual as your primary guide in planning certification activities.
- Attend pre camp mtgs.
- Attend camp entire week.
- Each person will work with a level.
- Be aware of what the certification requirements are for your level.
- Prepare to teach the YW in the level you are over the set skills.
- Help the Level Leaders keep track of the Cert. Requirements the YW will be passing off with you.
- Attend the pre camp hike, as well as the pre camp first aide clinic.
- Work with YCL's to help teach certain skills.
- Attend post camp fireside. Certification certificates will be given at this fireside to those that completed their cert. requirements.
- Attend post camp evaluation meeting.



# Young Women Camp T-Shirt Order & Camp Survey

## “In the Carpenter’s Hands”

Please complete the T-Shirt order form. Prices are listed below, and payment must be made through a tithing slip labeled “Camp T-Shirt” on the “other” line. Payments must be made by May 27<sup>th</sup> (the last Sunday in May).

Name: \_\_\_\_\_

Ward: \_\_\_\_\_

### Select Items to Purchase:

#### **Camper t-shirts:**

- \_\_\_\_\_ \$6.50 each sizes S-XL
- \_\_\_\_\_ \$8.50 for sizes 2XL-3XL
- \_\_\_\_\_ \$10 for 4XL & 5XL if available.

#### **¾ Zipper Sweatshirt:**

- \_\_\_\_\_ \$18 each sizes S-XL
- \_\_\_\_\_ \$20 each sizes 2XL – 3XL



#### **Crew neck sweatshirts:**

- \_\_\_\_\_ \$14 each sizes S-XL
- \_\_\_\_\_ \$16 each sizes 2XL-3XL

#### **Full-Zipper Sweatshirt:**

- \_\_\_\_\_ \$18 each sizes S-XL
- \_\_\_\_\_ \$20 each sizes 2XL – 3XL

#### **Hooded Sweatshirts:**

- \_\_\_\_\_ \$16 each sizes S-XL
- \_\_\_\_\_ \$18 each sizes 2XL-3XL

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### **Camp Survey:**

Every effort to tailor camp to our YW and leaders will be made. We are grateful for your willingness to serve our stake at camp. Please check your group/camp assignment and then add suggestions preferences, etc. Suggestions: Showers, Sleeping Arrangement, Bedtimes, Food, Level Ideas, Service, Craft, Certification, Favorite Treats

Thank you, Sister Talbert.

- \_\_\_\_\_ Level Leader/Assistant
- \_\_\_\_\_ YCL Leader/Assistant
- \_\_\_\_\_ Service/Waterfront/Craft/Certification
- \_\_\_\_\_ Kitchen
- \_\_\_\_\_ Music/Media/First Aid
- \_\_\_\_\_ Other



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